



Medications for After School Activities/Events:

It is extremely important that parents/guardians notify the school nurse and individual(s) in charge of an activity/event their child will be participating in if their child needs to have available any emergency medication such as, an Epi-pen, Insulin, Glucagon, etc. The school first aid room/nurse office is closed and there is no nurse available after regular school hours. Please note that a student may self-carry inhaled asthma medication, auto-injectable epinephrine, or other emergency medications as long as the proper procedure is followed as stated in the medication policy. Please develop a plan with the nurse and individual in charge of the activity/event so a safe environment of all children may be maintained.

If a student requires emergency medication at school or at school events, there MUST be a current medication authorization form signed by the parent/guardian and physician and kept on file at the school.

If there is a home or away student activity, the student must bring in his/her medication from home and bring it with him/her to the event. **It will be the parent's/child's responsibility to remember to do this.**

Your child's health and safety is the primary concern. **If your child needs an inhaler or other emergency medication, we do not want them in a crisis situation so compliance with this policy is imperative.**

INHALERS: Any student that is participating in before/after school activities will be responsible to *self-carry* his/her own inhaler. If the student already has an inhaler in school this is to remain at the school to be used during regular school hours. **An inhaler from home must be brought specifically for before and after school sports (and appropriate forms must be signed and on file at school site).**

For before/after school practices, a student may go to the office prior to dismissal and use his/her inhaler before going to practice. In between 8:30 am and 3:30 pm all medications are secured in a locked cabinet and are unavailable.

Please review this policy with your child. Discourage the sharing of inhalers with friends, as this can be dangerous if the medication is unknowingly different. Also sharing saliva encourages the spread of respiratory illnesses.

For students who have activity induce asthma, it is best that they use their inhaler 30 minutes prior to exercise. Please review this with your child so he/she can better manage his/her asthma, and get optimal effects of the medication used.

OTHER EMERGENCY MEDICATION (Epi-Pens, Glucagon, etc.): Any student that is participating in before/after school activities that has an emergency medication must have an individualized health plan. Please contact the School Nurse if your child has an emergency medication prescribed to them. If there is a home or away game, the student must bring in his/her emergency medication from home and bring it with him/her to the event. It will be the parent's/child's responsibility to remember to do this on game days.